



# QUARANTINE GUIDELINES FOR STUDENTS AND STAFF

All students and staff should continue to follow the 3 Ws:



## Requirements

No requirements. This is the ideal option.

Must mask and social distance upon return.

Masks worn at time of exposure. Must work with Health Department contact tracers. Must mask and social distance upon return.

Masks worn at time of exposure. Must be school-related exposures. School has testing on site.

**14-Day Quarantine – Not Fully Vaccinated**  
Test recommended between days 5-7 after exposure

Return on day 15 to all activities

**10-Day Quarantine – Not Fully Vaccinated**  
Must have negative PCR test on day 9 or 10 of quarantine

**Return on day 11.** For days 11-14:  
- Mask and social distance, all settings  
- No sports, extracurriculars, or bus if not social distancing

**7-Day Quarantine – Not Fully Vaccinated**  
Must have negative PCR test on day 6 or 7 of quarantine

**Return on day 8.** For days 8-14:  
- Mask and social distance in all settings  
- No sports, extracurriculars, or bus if not social distancing

**Test to Stay – Not Fully Vaccinated**  
Quarantine when not in school between days 1-7  
Must test negative on days 1, 3, 5, and 7

**Student stays in school and extracurriculars days 1-14**  
- Mask and social distance in all settings  
- May continue quarantine outside of school between days 8-14  
- If test is positive between days 1-7, student must isolate

**No Quarantine – Fully Vaccinated & No Symptoms**  
Test recommended between days 3-5 after exposure

DAY 0

DAY 5

DAY 7

DAY 10

DAY 14

**Students should continue to monitor for symptoms through day 14.**

If symptoms develop, get tested. If a student tests positive at any point, they should isolate for 10 days.

*Guidelines are subject to change on a case-by-case basis or if an outbreak occurs.*